

TABOR MANOR



Tabor Times

January 2014

FROM THE DIRECTOR

Happy New Year!

I love the beginning of a new year with all its unused days and future opportunities.

Our last supervisor's meeting concluded with a time of reflection on the past year. We talked about what we as a team had accomplished in 2013 and what was still outstanding or waiting for us as we approach 2014. The most important part of our discussion was the team's commitment to excellence in the service we provide our residents, tenants, staff and partners and how we have grown and developed as a team. The one thing that became evident to me was how much each team member values continuous quality improvement. I look forward with excited anticipation as we approach 2014 and where that journey will take us.

I would also like to take this opportunity to thank the Block family for their generous donation of the piano in the Great Room. This gift came at just the right time to celebrate the Christmas season.

On behalf of the leadership team at Tabor Manor, I would like to wish each one of you a Happy New Year.

Christine Leonard, Director



CELEBRATIONS

Don Baker - 1
Jacob Dahl - Jan 2
Alma Clemens - Jan 14
Norma Quinn - Jan 20
Reni Dunker - Jan 23
Isabel Mowat - Jan 26
Lydia Boldt - Jan 27
Ksenia Pomnikow - Jan 28
John Penner - Jan 31

BIRTHDAY PARTY

January 21 at 3:00pm in
the Great Room

SANTA VISITS



While Santa may not be *“the reason for the season”*, our recent visit from him did remind me of some of the most important gifts of Christmas time. The first, as demonstrated by this picture, the importance of spending time with family and having your loved ones close. The second, keeping a servant heart - our Santa taking the time to go around and visit

each and every resident. And third, joy and laughter - the child like joy that some of the residents exhibited when visited by our mythical friend.

I hope that your Christmas season was filled with these three gifts and that they carry through into the New Year.

~Megan

The January Diet Resolution

T'was the month after Christmas and all through the house,
Nothing would fit me, not even a blouse.

The cookies I'd nibbled, the eggnog I'd taste,
At the holiday parties had gone to my waist.

When I got on the scales, there arose such a number!
When I walked to the store (less a walk than a lumber),
I'd remember the marvelous meals I'd prepared,
The gravies and sauces and beef nicely rared.

The wine and the rum balls; the bread and the cheese,
And the way I'd never said, "No thank you, please."

As I dressed myself in my husband's old shirt,
And prepared once again to battle with dirt,
I said to myself, as only I can,

"You can't spend a winter disguised as a man!"
So, away with the last of the sour cream dip.

Get rid of the fruitcake, every cracker and chip.
Every last bit of food that I like must be banished,
'Til all the additional ounces have vanished.

I won't have a cookie - not even a lick.
I'll only just chew on a long celery stick.

I won't have hot biscuits, or cornbread, or pie,
I'll munch on a carrot and quietly cry.

I'm hungry, I'm grouchy, can't fit through the door,
But isn't that what January is for?

Unable to giggle, no longer a riot.

Happy New Year to all and to all a good diet!

~ Author Unknown

BIRTHDAY CELEBRATIONS

Starting in January, we will begin to recognize our birthdays in a new and special way! Keep an eye out in the dining rooms to see who's special day it is!



HANDS ON EXOTICS
experience the magic

Monday, January 13 at 3:00pm
In the Great Room

